BOTULINUM TOXIN INJECTIONS AND DERMAL FILLERS PRIVILEGE FOR DENTISTS

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Introduction:

This document is a part of the National Health Regulatory Authority (NHRA) to regulate both the training requirements and scope of practice (privileges) for the use of Botulinum Toxin injections and Dermal Fillers in the oral and facial environment(s) for dentists. The dentists who want to use these materials in their practice they have to apply for the privilege and follow the requirements mentioned in this document and comply with the standards of practice for such procedures.

Application for the Privilege:

- The Dentist to apply for the privilege to administer Botulinum Toxin and Fillers as adjunctive therapeutic and/or dental aesthetic procedures in their practice; they should be licences by NHRA as **Dental Consultant** with a recognized dental speciality.

- The dentist should apply for this privilege stating **the modalities of treatment that they would utilize Botulinum Toxins & Dermal Fillers for**.

- The application should be supported with documentation of the training program of Botulinum Toxins & Dermal Fillers in dental practice, this training should be completed during **the last 24 months** prior to the date for application for privilege

Training Requirements:

- The program should be customized to suite the application of Botulinum Toxins and Dermal Fillers in dental practice.

- The program should comprise both didactic (A Minimum of 30 Hours CPD) as well as hands-on practice, the latter should count for at least 50% of the total training hours.

Theoretical component:

The didactic part should cover in depth but not limited to the following topics:

- Detailed applied anatomy of the face & oral cavity.

- Detailed clinical pharmacology of Botulinum Toxins & Dermal Fillers including their chemical composition, indications, contraindications, potential side effects & management of their side effects.

- Detailed account of the clinical applications of Botulinum Toxins & Dermal Fillers as adjunctive therapies to the main core dental practice based on scientific evidence.

- Detailed account in the management of dental & medical emergencies associated with the application with Botulinum Toxins & Dermal Fillers.

Practical component:

- A minimum of 50% of the training course program should be devoted to the development of practical skills and to deliver the procedure safely, effectively and to a high standard.

- Should contained at a minimum of **Five** fully documented cases treated under the supervision of qualified instructors (documentation should include detailed history, diagnosis, treatment plan as well as photographic documentation of the procedure and post-procedural care).

Standards of Practice

- The dentist should only prescribe or administer Botulinum Toxins &/or Dermal Fillers as adjunctive therapeutic and/or dental aesthetic procedures as part of the dental treatment plan **and not as stand-alone cosmetic procedures.**

- The dentist should assess the patient to make sure he/she is a suitable candidate for the recommended treatment by taking full and current dental and medical health history and do a comprehensive dental, facial, head and neck examination including the craniofacial nerves.

- The patient's emotional health should be assessed by the dentist and their motivation, goals, concerns and expectations for treatment have been established and documented.

- Informed consent should be obtained for all treatments, including a discussion with the patient with respect to benefits, risks, post-operative care, sequelae and potential complications.

- The dentist should be familiar with all other potential treatment and adheres to his/her level of training and expertise when providing appropriate therapies/care.

- The dentist is responsible for continual reassessment and follow-up; and should be familiar with the limitations and emergency situations that may occur with the administration of any agent administered or therapy provided.

- The dentist should pay special consideration to the patient's psychological and should always be ready to seek advice from medical colleagues.

- The dentist is responsible to refer cases whose complexity exceeds their training to appropriately trained healthcare professionals.

- The dentist should maintain professional standards in relation to advertising these services and should always follows NHRA marketing guidelines.